

Take a Breath

Independent Study Mentorship

Weekly Report 25: March 12- March 16, 2018

This was the most relaxing week of ISM so far. Although this week gave me plenty of time to research and further develop my final product, I decided to take a breather from work and only work on research occasionally due to me being on vacation. In hindsight I don't regret this decision, however I may prove myself wrong in time when I find myself scrambling for more time for research.

I thought that it would be very beneficial for me to take a break from things related to ISM that way I can give my brain some space that way when I return back to the ISM grind I would potentially be in a better headspace. Even though I didn't do a whole lot of research over break I feel as though I was still having to think about my ISM topic as I began plan college visits for schools with the best Veterinary Medicine programs. I also found myself wanting to watch youtube videos and read article related to veterinary science. I think this is actually a good thing. With how I repeatedly drew back to my topic, it proved to me that I actually have a passion for veterinary science and not just a craze for ISM.

Although I didn't spend much time with my research over break I feel as though I didn't abandon my topic. With this refreshing break that I just had, I hope to see myself use this new energy in accelerating the progress of my research for ISM.